

SkiAbility Experience

An Introductory Camp for Adaptive Water Skiing and Wakeboarding by SkiAbility Ottawa

You are invited to participate in a special camp featuring an introduction adaptive water skiing and wakeboarding for people with a disability. Here are some details:

• Tuesday August 27 & Wednesday 28, 2013	• 9:00 am to 4 pm each day
• Scheduled personal sessions of 30 minutes	• You can apply for one or two sessions (either day)
• Anyone can ski! Regardless of disability or severity, you can ski. Some safety exceptions apply.*	• We meet your abilities with the appropriate equipment and teaching technique
• Certified instructors assist you every step of the way, even on the water if that is appropriate	• We perform an assessment on your arrival and discuss ski options with you
• Safety, Fun, and Learning in that order	• Professional tow boat, safety boat, and side skiers ensure a safe program
• Family and/or friends encouraged to come with you	• Bring your lunch and stay awhile ... BBQ available
• All skiing equipment is provided, including PFDs	• No age limits
• Clinic is located at our normal program site on the Rideau River	• See www.SkiAbilityOttawa.ca – click on “Directions & Site info” for details

Here’s some Q&As:

• What does it cost?	• It is \$\$35 (<19) or \$40 (adult) per session for this introductory camp
• Is transportation included? From where?	• Transportation is not included
• What do I need to bring?	• Bring suitable clothing/towels/bathing suit/etc similar to a day at the beach -- a wetsuit (we do not provide) and PFD are optional. a change of clothes /warm clothes is desired
• What happens if it rains? Can I still ski?	• We ski in light rain – you will get wet anyway. We stop for safety -- in heavier rain and thunder/lightening
• Can I and family ride in the boat?	• We will make every effort to allow attendees to be “observers” in the boat
• Do I have to sign a waiver	• A membership and waiver are required and can be filled in on site
• I have water skied before. Can I join the clinic?	• Yes. While our priority is new comers to the sport, any one can request a spot or two on the schedule. We reserve the right to limit sessions based on enrolment received.
• Do I need to (be able to) swim?	• No. But we do require that a person, while wearing the PFD, can roll from a face down position to a face up or head up position.

Apply now for your spot on the schedule ... Send an email to Booking@SkiAbilityOttawa.ca ... you can specify which day or days, and am or pm you prefer ... we will let you know what your specific times are.

For your consideration: the [Membership Form](#) and the [Waiver](#)

* For safety reasons we recommend that people prone to seizures, with an open tracheostomy or with Atlantoaxial instability do not ski.

Everyone Can Ski!

SkiAbility Ottawa is dedicated to removing barriers, for people with a disability, to a great water sport

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Our Equipment Trailer:



Learning to ski on the Boom



Two sit skis and "cage" seats



Check out the web site for more pictures

www.SkiAbilityOttawa.ca

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